UNIVERSITY OF HAWAI‘I AT MĀNOA • OUTREACH COLLEGE

Spring 2010 Non-Credit Courses

Throughout the year Outreach College offers a diverse array of noncredit classes at times and locations that are convenient for you.

Find COMPLETE and UPDATED course information on our website at:

www.outreach.hawaii.edu/noncredit/courses

Did you know you can bring the University of Hawai’i to your workplace as your corporate training partner? If you have 10 or more staff members who would benefit from any of our programs, please call (808) 956-8244 for assistance.

CONTACT INFORMATION

**NON-CREDIT PROGRAMS**

WEB: www.outreach.hawaii.edu/noncredit
PHONE: (808) 956-8244
FAX: (808) 956-9422
EMAIL: non-credit@hawaii.edu

**PACIFIC NEW MEDIA**

WEB: www.outreach.hawaii.edu/pnm
PHONE: (808) 956-3422
EMAIL: pnm@hawaii.edu

Classroom temperatures vary so we recommend bringing a sweater or jacket.

For all day classes, particularly on weekends, we recommend bringing a brown bag lunch.

Updated 11/20/2009
ARTS AND CULTURE: Art

Drawing as Meditation (P10611)
Jan 23 • Sat • 9:30am-4:30pm • 1 mtg • UHM Art 364 • $95, includes book, "The Practice of Drawing as Meditation," paper, pen, ink and pencil • Wear comfortable work clothes and be prepared to get your hands dirty; brown bag lunch suggested • Robert R. Dvorak

Painting From the Heart In Watercolor (P10610)
Jan 24 • Sun • 9:30am-4:30pm • 1 mtg • UHM Art 364 • $95, includes watercolor paper block and mouth atomizer • Bring watercolor supplies or purchase a student grade watercolor kit at class for $20 • Wear comfortable work clothes and bring a water container, rag, kleenex; brown bag lunch suggested • Robert R. Dvorak

Beginning Watercolor: Finding Your Way in the Process (P10631)
Jan 30-Mar 20 • Sat • 1:00-4:00pm • 8 mtgs • UHM Art 364 • $150 • Michael Genger

Oil/Acrylic Painting on Location (P10632)
Jan 30-Apr 17 • Sat • 9:00am-12:00pm • 12 mtgs • First class meets at Makapu’u Beach Park, 41-095 Kalaniana’ole Hwy (gather in lower parking lot across from Sea Life Park) • $150 (new students), $125 (repeat students) • Painting demonstration begins at 8:00am. New students: check course online listing or call (808) 956-8244 for supply list. • Mark Brown

ARTS AND CULTURE: Cultural Enrichment

Three Noble Arts: Painting, Music, and Creative Writing (P10773)
Feb 13-Mar 20 • Sat • 11:30am-2:00pm • 6 mtgs • First class meets on campus, subsequent locations vary and are announced then • UHM Art 360 • $90 • Daniela Rocco Minerbi • Thomas Morelli • Mirima Rappolt

ARTS AND CULTURE: Dance

Beginning Hip-Hop Dance (P10586)
Jan 21-Feb 25 • Thu • 6:30-7:30pm • 6 mtgs • UHM Physical Education Complex 245, Studio 3 • $65 • Marie Takazawa

Capoeira! A Brazilian Martial Arts, Music, and Dance Form (P10668)
Jan 22-Mar 19 • Fri • 6:00-7:30pm • 9 mtgs • UHM Physical Education Complex 245, Studio 3 • $89, textbook optional • Mestre Kinha

Beginning Latin Dance (P10587)
Jan 25-Mar 8 • Mon • 6:30-7:30pm • 6 mtgs • No class Feb 15 • UHM Physical Education Complex 245, Studio 3 • $65 • Wear leather-soled shoes • Adela Chu

Ballet Boot Camp: A Practical Introduction to Ballet (P10384)
Jan 30-Mar 6 • Sat • 9:00-10:30am • 6 mtgs • UHM Dance Bldg • $75 • Read to end of web listing or call (808) 956-8244 for information on attire • Chansri Green

Modern Dance with Keiko Fujii (P10711)
Mar 2-18 • Tue/Thu • 6:00-7:30pm • 6 mtgs • UHM Physical Education Complex 245, Studio 3 • $80 • Keiko Fujii

ARTS AND CULTURE: Music

Opera Highlights 2010: HOT's 50th Anniversary Season (P10588)
Jan 20-Feb 24 • Wed • 7:00-9:00pm • 6 mtgs • plus rehearsal on Friday, Feb 19, 6:00-8:00pm • UHM Music 7 • $75 • Lesley Wright

Beginning Slack Key (Ki ho'alu) Guitar (P10669)
Jan 27-Mar 17 • Wed • 6:00-7:30pm • 8 mtgs • UHM Music 212 • $92, plus $10 lab fee payable to instructor at first meeting • bring your guitar • Lance Takamiya
**Instant Piano on a Budget (P10717)**
Jan 30 • Sat • 1:30-5:00pm • 1 mtg • UHM Music 212 • $79 • (includes materials and CD). Some previous music experience recommended. If you need assistance with elementary music reading, download a free pamphlet from www.pianofun.com • Robert Laughlin

**Play Piano by Ear (P10718)**
Jan 31 • Sun • 9:00am-12:30pm • 1 mtg • UHM Music 212 • $79 • (includes materials and CD). You must have taken "Instant Piano on a Budget" or otherwise have experience using chords on the piano or any other instrument. • Robert Laughlin

**Robert Laughlin Piano Workshop Combo (P10670)**
Jan 30-31 • Sat • 1:30-5:00pm • Sun • 9:00am-12:30pm • 2 mtgs • UHM Music 212 • $139 • (includes materials and CD). Some previous music experience recommended. If you need assistance with elementary music reading, download a free pamphlet from www.pianofun.com • Robert Laughlin

### ARTS AND CULTURE: Photography: Pacific New Media

**Introduction to Digital Photography (L10687)**
Feb 20 • Sat • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $120 • Dan Doerner

**Know Your Camera 1: Introduction to Photography Techniques (Section A) (L10674)**
Jan 26-Feb 23 • Tue • 6:00-8:00pm • 5 mtgs • UHM Kuykendall 301 • $120 • Jerry Omo Jr

**Know Your Camera 1: Introduction to Photography Techniques (Section B) (L10675)**
Jan 27-Feb 24 • Wed • 6:00-8:00pm • 5 mtgs • Christ Lutheran Church, 95-1361 Meheula Parkway, Mililani • $120 • Jerry Omo Jr

**Know Your Camera 1: Introduction to Photography Techniques (Section C) (L10676)**
Jan 28-Feb 25 • Thu • 6:00-8:00pm • 5 mtgs • UHM Kuykendall 301 • $120 • Jerry Omo Jr

**Know Your Camera 2: Intermediate Photography Techniques (Section A) (L10784)**
Mar 16-Apr 13 • Tue • 6:00-8:00pm • 5 mtgs • UHM Kuykendall 301 • $120 • Jerry Omo Jr

**Know Your Camera 2: Intermediate Photography Techniques (Section B) (L10677)**
Mar 17-Apr 14 • Wed • 6:00-8:00pm • 5 mtgs • Christ Lutheran Church, 95-1361 Meheula Parkway, Mililani • $120 • Jerry Omo Jr

**Know Your Camera 2: Intermediate Photography Techniques (Section C) (L10678)**
Mar 18-Apr 15 • Thu • 6:00-8:00pm • 5 mtgs • UHM Kuykendall 301 • $120 • Jerry Omo Jr

**Know Your Camera 3: Developing a Digital Workflow (Section A) (L10679)**
Jan 16-19 • Sat • 8:00am-12:00pm • Mon/Tue • 6:00-8:00pm • 3 mtgs • Saturday on location; Monday and Tuesday in UHM Sakamaki C104, Manoa MultiMedia Lab • $200 • Jerry Omo Jr

**Know Your Camera 3: Developing a Digital Workflow (Section B) (L10680)**
Apr 24-27 • Sat • 8:00am-12:00pm • Mon/Tue • 6:00-8:00pm • 3 mtgs • Saturday on location; Monday and Tuesday in UHM Sakamaki C104, Manoa MultiMedia Lab • $200 • Jerry Omo Jr

**Photojournalism: Working in Today's Changing World of News (L10721)**
Apr 3 • Sat • 9:00am-4:00pm • 1 mtg • UHM Art 101 • $120 • Hugh Gentry

**Sports Photography: How to Cover a Major Sporting Event (L10722)**
Apr 17 • Sat • 9:00am-4:00pm • 1 mtg • UHM Art 101 • $120 • Hugh Gentry

**Underwater Photography: Shooting Sports and Nature in a Marine Environment (L10723)**
May 8 • Sat • 9:00am-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $120 • Hugh Gentry
Photographing the Human Form (L10719)
Jan 30 • Sat • 9:00am-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 • Peter Shaindlin

Photographing Children (L10720)
Feb 21 • Sun • 9:00am-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $120 • Tracy Wright Corvo

Introduction to Adobe Lightroom (L10689)
Feb 17 • Wed • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Dan Doerner

Large Format Digital Printing (L10735)
Apr 2 • Fri • 1:00-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $70 • Michael Gilbert

BUSINESS AND MANAGEMENT: Business and Professional Skills

Time Management Tune-up (P10768)
Jan 30 • Sat • 9:00-11:30am • 1 mtg • To Be Announced • $25, includes materials • Pre-requisite: previous time management course or permission of instructor • Ruth Wong

Manage Your Time, Workspace, and Productivity (P10645)
Feb 13-27 • Sat • 8:30am-12:30pm • 3 mtgs • UHM Kuykendall 309 • $120 • or attend a single session for $45 (look under Business Professional Skills at www.outreach.hawaii.edu/ibpd), fees includes materials • Bring a photo of your desk to second class meeting (optional) • Ruth Wong

How to Manage Time and Get Things Done (P10646)
Feb 13 • Sat • 8:30am-12:30pm • 1 mtg • UHM Kuykendall 309 • first session only • $45, includes materials • Ruth Wong

Organize Your Workspace for Greater Productivity (P10647)
Feb 20 • Sat • 8:30am-12:30pm • 1 mtg • UHM Kuykendall 309 • second session only: bring a photo of your desk (optional) • $45, includes materials • Ruth Wong

Overcoming Roadblocks to Getting Things Done (P10648)
Feb 27 • Sat • 8:30am-12:30pm • 1 mtg • To Be Announced 309 • third session only • $45, includes materials • Ruth Wong

BUSINESS AND MANAGEMENT: Management Skills: Art of Leadership

Basic Principles for a Collaborative Workplace (P10621)
Jan 15 • Fri • 8:00am-12:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Robb Drown

Coaching: Bringing Out the Best in Others (P10622)
Jan 15 • Fri • 1:00-5:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Robb Drown

Handling Emotions Under Pressure (P10623)
Jan 29 • Fri • 8:00-11:30am • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Kathy Novak

Influencing for Win-Win Outcomes (P10624)
Jan 29 • Fri • 12:30-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Al Nishimoto

Proactive Listening (P10625)
Feb 12 • Fri • 8:00-11:30am • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Robb Drown

Course Schedule as of: 11/19/2009
Expressing Yourself: Presenting Your Thoughts and Ideas (P10626)
Feb 12 • Fri • 12:30-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Al Nishimoto

Giving and Receiving Constructive Feedback (P10627)
Feb 19 • Fri • 8:00-11:30am • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Robb Drown

Giving Recognition (P10628)
Feb 19 • Fri • 12:30-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Al Nishimoto

Moving from Conflict to Collaboration (P10629)
Feb 26 • Fri • 8:00am-12:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Kathy Novak

Personal Strategies for Navigating Change (P10630)
Feb 26 • Fri • 1:00-4:30pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $95 (General), $75 (Certificate participant) • Al Nishimoto

BUSINESS AND MANAGEMENT: Project Management

Project Management: Introduction and Initiating Projects (P10589)
Feb 3 • Wed • 8:00am-5:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $350 • (8 PDU) Must be taken with "Planning Projects," as well as "Executing, Controlling, and Closing Projects" • Project Professionals, LLC

Project Management: Planning Projects (P10590)
Feb 4 • Thu • 8:00am-5:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $350 • (8 PDU) Must be taken with Introduction and "Initiating Projects," as well as "Executing, Controlling, and Closing Projects" • Project Professionals, LLC

Project Management: Executing, Controlling, and Closing Projects (P10591)
Feb 5 • Fri • 8:00am-5:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $350 • (8 PDU) Must be taken with "Introduction and Initiating Projects," as well as "Planning Projects" • Project Professionals, LLC

BUSINESS AND MANAGEMENT: Sustainability for Business

Sustainability 101: The Guiding Principles (P10655)
Jan 20 • Wed • 8:00-11:00am • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $50 (General), $40 (Student or Government ) • plus "The Honu Guide" (optional), available at class for $20 payable to instructor • Shanah Trevenna

Sustainability 102: Basic Training for Sustainable Action (P10656)
Feb 17 • Wed • 8:00-11:00am • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $50 (General), $40 (Student or Government ) • plus "The Honu Guide" (optional), available at class for $20 payable to instructor • Shanah Trevenna

Understanding Residential Solar Energy (P10783)
Feb 23 • Wed • 8:00-11:00am • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $50 (General), $40 (Student) • Mark Duda

Green Roofs for Hawai‘i (P10582)
Mar 6 • Sat • 9:30am-12:00pm • 1 mtg • UHM Kuykendall 304 • $50 (General), $40 (Student or Government) • Leyla Cabugos

COMMUNICATIONS: Children's Book Writing

Writing Your Children's Book (P10774)
Feb 9-11 • Tue/Thu • 6:00-9:00pm • 2 mtgs • UHM George 215 • $65 • Michael Elsohn Ross
### COMMUNICATIONS: Film, Television and Video: Pacific New Media

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Begin Date</th>
<th>End Date</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Developing and Writing Your First Screenplay (L10745)</td>
<td>Mar 6-Apr 17</td>
<td>Sat</td>
<td>9:00am-12:00pm</td>
<td>7 mtgs</td>
<td>UHM Krauss 011</td>
<td>$200</td>
<td>Bob Green</td>
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<tr>
<td>Writing the Short Script (L10746)</td>
<td>May 1</td>
<td>Sat</td>
<td>9:00am-1:00pm</td>
<td>1 mtg</td>
<td>UHM Krauss 012 (Yukiyoshi Room)</td>
<td>$75</td>
<td>Brett Wagner</td>
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<td>The Heart of the Mind: The Dramatization of Great Ideas in Non-fiction and Film (L10734)</td>
<td>Mar 6</td>
<td>Sat</td>
<td>9:00am-1:00pm</td>
<td>1 mtg</td>
<td>UHM Kuykendall 210</td>
<td>$75</td>
<td>Jacob Needleman</td>
</tr>
<tr>
<td>PreProPost HD Film Production (L10666)</td>
<td>Jan 26</td>
<td>Tue</td>
<td>6:00-9:00pm</td>
<td>Jan 29-31</td>
<td>Fri/Sat/Sun</td>
<td>9:00am-4:00pm</td>
<td>4 mtgs</td>
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<tr>
<td>Production Assistant Survival Techniques (L10650)</td>
<td>Feb 6</td>
<td>Sat/Sun</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Krauss 012 (Yukiyoshi Room)</td>
<td>$100</td>
<td>Wainani Tomich</td>
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### DIGITAL MEDIA: Digital Imaging and Design: Pacific New Media

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Begin Date</th>
<th>End Date</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Instructor(s)</th>
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<tbody>
<tr>
<td>Design Fundamentals (L10618)</td>
<td>Jan 16</td>
<td>Sat</td>
<td>9:00am-1:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$80</td>
<td>Alan Low</td>
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<tr>
<td>Acrobat Gets Down to Business (L10710)</td>
<td>Mar 23</td>
<td>Tue</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$135</td>
<td>Sandee Cohen</td>
</tr>
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<td>Modern Typography in Print and Digital Media (L10748)</td>
<td>Feb 14</td>
<td>Sun</td>
<td>9:00am-1:00pm</td>
<td>1 mtg</td>
<td>UHM Krauss 012 (Yukiyoshi Room)</td>
<td>$60</td>
<td>Daniel Leuck</td>
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<tr>
<td>Digital Design: Integrating InDesign and Photoshop (L10691)</td>
<td>Feb 14-15</td>
<td>Sun/Mon</td>
<td>9:00am-4:00pm</td>
<td>2 mtgs</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$270</td>
<td>Dan Doerner</td>
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<td>Adobe InDesign Level 1 (L10708)</td>
<td>Mar 19-20</td>
<td>Fri/Sat</td>
<td>9:00am-4:00pm</td>
<td>2 mtgs</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$270</td>
<td>Sandee Cohen</td>
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<tr>
<td>InDesign Level 2 (L10709)</td>
<td>Mar 21</td>
<td>Sun</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$135</td>
<td>Sandee Cohen</td>
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<tr>
<td>Introduction to Illustrator for Print (L10703)</td>
<td>Jan 23</td>
<td>Sat</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$135</td>
<td>Ryan Brant</td>
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<td>Introduction to Illustrator for the Web (L10704)</td>
<td>Feb 21</td>
<td>Sun</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$135</td>
<td>Ryan Brant</td>
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<tr>
<td>Advanced Techniques with Adobe Illustrator (L10705)</td>
<td>Apr 9-10</td>
<td>Fri/Sat</td>
<td>9:00am-4:00pm</td>
<td>2 mtgs</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$270</td>
<td>Ryan Brant</td>
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<tr>
<td>Adobe Photoshop - A Beginner's Guide (Section A) (L10740)</td>
<td>Jan 24</td>
<td>Sun</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$135</td>
<td>Bill Morrison</td>
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<tr>
<td>Adobe Photoshop - A Beginner's Guide (Section B) (L10741)</td>
<td>Apr 30</td>
<td>Fri</td>
<td>9:00am-4:00pm</td>
<td>1 mtg</td>
<td>UHM Sakamaki C104, Manoa MultiMedia Lab</td>
<td>$135</td>
<td>Bill Morrison</td>
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Course Schedule as of: 11/19/2009
**Introduction to Photoshop (L10706)**
Mar 5-6 • Fri/Sat • 9:00am-4:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $270 • David Ulrich

**Intermediate Photoshop and Camera Raw (L10707)**
Mar 7 • Sun • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • David Ulrich

**Photoshop: Retouching & Restoration Essentials  (L10657)**
Apr 22 • Thu • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Sean Duggan

**Adobe Photoshop: Selections and Masking (L10658)**
Apr 23 • Fri • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Sean Duggan

**Creative Collage with Photoshop (L10659)**
Apr 24-25 • Sat/Sun • 9:00am-4:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $270 • Sean Duggan

**DIGITAL MEDIA: Film, Television and Video: Pacific New Media**

**Color 101: An Introduction to Color Correction in Final Cut Studio (L10799)**
Mar 26-28 • Fri/Sat/Sun • 9:00am-5:00pm • 3 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $595 (with textbook), $555 (without textbook) • Steve Szabo

**Introduction to GarageBand  (L10759)**
Apr 7-14 • Wed • 6:00-9:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $120 • Joseph Ruszkowski

**Intermediate GarageBand (L10761)**
Apr 21-28 • Wed • 6:00-9:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $120 • Joseph Ruszkowski

**Music Notation with Sibelius (L10762)**
May 5-12 • Wed • 6:00-9:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Joseph Ruszkowski

**Exploring the Editing Process (L10649)**
Jan 16-17 • Sat/Sun • 9:00am-4:00pm • 2 mtgs • UHM Krauss 012 (Yukiyoshi Room) • $200 • Phil Linson

**Video Editing & OSX Basics (L10652)**
Feb 2 • Tue • 6:00-8:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $40 • Steve Szabo

**A Comprehensive Study of Final Cut Pro (L10651)**
Feb 4-Mar 16 • Tue/Thu • 6:00-9:00pm • 12 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $970 (with textbook), $930 (without textbook). All participants must have textbook on first day of workshop. • Workshop is limited to 12 participants • FCP (FCP 200) • Steve Szabo

**Introduction to After Effects (L10715)**
May 1-2 • Sat/Sun • 9:00am-4:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $270 • George Wang

**DVD Studio Pro (L10654)**
May 14-16 • Fri/Sat/Sun • 9:00am-5:00pm • 3 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $635 (with textbook), $595 (without textbook). All participants must have textbook on first day of workshop. • Workshop is limited to 10 participants. (DBDSP101) • Steve Szabo

**Apple Certification Exam (Section A) (L10731)**
Mar 18 • Thu • 6:00-9:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $175; $150 with Final Cut Pro workshop • Steve Szabo
Apple Certification Exam (Section B) (L10732)
Mar 30 • Tue • 6:00-9:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $175; $150 with Color 101 workshop • Steve Szabo

Apple Certification Exam (Section C) (L10733)
May 18 • Tue • 6:00-9:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $175; $150 with DVD Studio Pro workshop • Steve Szabo

**DIGITAL MEDIA: Fundamentals: Pacific New Media**

**Intellectual Property Issues for Content Creators (L10716)**
Feb 20 • Sat • 9:00am-12:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $50 • Sweater suggested • Sharon Webb • Dianna DeVore

Creating Compelling Presentations with Keynote (L10747)
Mar 12 • Fri • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Colin Macdonald

**DIGITAL MEDIA: Photography: Pacific New Media**

**Approaching the Digital Image (L10724)**
Feb 27-28 • Sat/Sun • 9:00am-4:00pm • 2 mtgs • UHM Krauss 012 (Yukiyoshi Room) • $250 • Tim Grey

**Hawaii Landscapes - Creating Images with Impact (L10725)**
Mar 5 • Fri • 5:00-9:00pm • Mar 6 • Sat • 9:00am-11:00pm • Mar 7, 13, 14 • Sun, Sat/Sun • 9:00am-4:00pm • 5 mtgs • Mar 5, 6, 7 • Hawaii Photo Retreat; Mar 13, 14 • Sakamaki C104, Manoa MultiMedia Lab • $500 • Ken Goodrich • Mary Goodrich

**DIGITAL MEDIA: Web Design: Pacific New Media**

**ThinkTech Hawaii: The Migration of News Journalism to the Internet (L10750)**
Mar 18 • Thu • 9:00am-1:30pm • 1 mtg • Anthology Theater, 1003 Bishop Street, 8th floor • $55 • Jay Fidell

**The Big Picture: An Intro to the Web Design Process (L10619)**
Jan 23 • Sat • 10:00am-12:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $35 • Colin Macdonald

**Build Your First Webpage (L10744)**
Jan 17 • Sun • 9:00am-1:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $80 • Blaine Fergusstrom

**HTML: Basics (L10712)**
Apr 16 • Fri • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Chad Kassirer

**Introduction to JavaScript for the Web (L10713)**
Apr 17 • Sat • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Chad Kassirer

**WordPress Survival Guide (L10701)**
Apr 3 • Sat • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Darrell Kim

**Introduction to Adobe Dreamweaver (Section A) (L10726)**
Feb 6-7 • Sat/Sun • 9:00am-4:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $270 • Colin Macdonald

**Introduction to Adobe Dreamweaver (Section B) (L10727)**
Mar 3-31 (No class March 24) • Wed • 6:00-9:00pm • 4 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $270 • Colin Macdonald

**Intermediate Dreamweaver (L10728)**
Feb 28 • Sun • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Colin Macdonald
Web Design with Cascading Style Sheets (CSS) (L10729)
Apr 11 • Sun • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Colin Macdonald

Introduction to Fireworks (L10730)
Feb 19 • Fri • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Colin Macdonald

Adobe Flash for Beginners - Intro and Animation (L10737)
Jan 27 • Wed • 6:00-9:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $70 • Bill Morrison

Adobe Flash for Beginners - Photo and Video Galleries (L10739)
Feb 24 • Wed • 6:00-9:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $70 • Bill Morrison

Adobe Flash for Beginners - Interactivity and Video (L10738)
Feb 10 • Wed • 6:00-9:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $70 • Bill Morrison

Introduction to Drupal (L10702)
May 9 • Sun • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Darrell Kim

PHP Essentials 1 (L10698)
Jan 30 • Sat • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Darrell Kim

PHP Essentials 2 (L10699)
Feb 13 • Sat • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Darrell Kim

PHP Essentials 3 (L10700)
Feb 27 • Sat • 9:00am-4:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $135 • Darrell Kim

Setting Up a Working Website (L10742)
May 7-8 • Fri/Sat • 9:00am-4:00pm • 2 mtgs • UHM Sakamaki C104, Manoa MultiMedia Lab • $270 • Bill Morrison

Search Engine Optimization for Web Designers (L10714)
Apr 18 • Sun • 9:00am-1:00pm • 1 mtg • UHM Sakamaki C104, Manoa MultiMedia Lab • $80 • Chad Kassirer

Search Marketing Strategy 2010 (L10751)
Feb 13 • Sat • 9:00am-4:00pm • 1 mtg • UHM Krauss 012 (Yukiyoshi Room) • $100 • Rob Bertholf

HEALTH AND FITNESS: Health

Open Hatha Yoga (P09464)
Jan 19-Feb 23 • Tue • 6:00-7:30pm • 6 mtgs • UHM Physical Education Complex 245, Studio 3 • $45 • Bring your own yoga mat • Karen Vance

Center, Strengthen, and Stretch with Pilates (P10594)
Jan 27-Mar 17 • Wed • 6:30-7:30pm • 8 mtgs • UHM Physical Education Complex 245, Studio 3 • $85 • Bring a mat and towel • Kelly Wadlegger

Five Ancient Tibetan Rites for Optimum Health and Longevity (P10612)
Jan 22 • Fri • 6:30-9:30pm • 1 mtg • UHM Kuykendall 301 • $40 • plus $1 for handouts, payable at class (optional book, $14, also available at class) • Wear loose clothing and bring drinking water and a blanket or exercise mat • Robert R. Dvorak

Understanding Over-the-Counter Medications (OTC) (P10763)
Feb 3-24 • Wed • 6:00-8:00pm • 4 mtgs • UHM George 213 • $59 • Anne Wheelock
**HEALTH AND FITNESS: Sports and Fitness**

**Golf Swing Fundamentals (P10596)**  
Jan 17-Mar 21 • Sun • 7:30-9:30am • 8 mtgs • No class Feb 14 and 21 • Hawai‘i Kai Golf Course, 8902 Kalaniana‘ole Hwy • $150 • Bring your golf set to each session; you are responsible for purchasing practice balls and green fees for the last session • Randy Shibuya

**Golf Short Game Fundamentals (P10595)**  
Jan 17-Mar 21 • Sun • 9:30-11:30am • 8 mtgs • No class Feb 14 and 21 • Hawai‘i Kai Golf Course, 8902 Kalaniana‘ole Hwy • $150 • Bring your golf set to each session; you are responsible for purchasing practice balls and green fees for the last session • Randy Shibuya

**Beginning/Intermediate Coed Volleyball (P10598)**  
Jan 25-Mar 29 • Mon • 7:30-9:00pm • 8 mtgs • No class Feb 15 and Mar 22 • Kalani High School Gym, 4680 Kalaniana'ole Hwy • $72, plus $6 lab fee payable to instructor at first meeting • Clyde L. Ching

**Advanced Coed Volleyball (P10599)**  
Jan 25-Mar 29 • Mon • 8:30-10:00pm • 8 mtgs • No class Feb 15 and Mar 22 • Kalani High School Gym, 4680 Kalaniana'ole Hwy • $72, plus $6 lab fee payable to instructor at first meeting • Stan Wong

**Basic Kayaking and Beyond (P10597)**  
Feb 5-13 • Fri • 6:30-8:30pm • Sat • 9:00am-12:00pm • 4 mtgs • UHM Krauss 012 (Yukiyoshi Room) • $88, textbook optional • Saturdays are field trips • Bob Twogood

**LANGUAGE: European**

**Conversational Spanish for Absolute Beginners (P10603)**  
Jan 12-Feb 23 • Tue • 6:30-8:30pm • 7 mtgs • UHM Moore 228 • $75, plus $10 materials fee payable to instructor at first meeting • No textbook • Beatriz Aguirre Haymer

**Continuing Conversational Spanish (P10643)**  
Jan 14-Feb 25 • Thu • 6:30-8:30pm • 7 mtgs • UHM Moore 228 • $75, plus $10 materials fee payable to instructor at first meeting • No textbook • Prerequisite: "Beginning Conversational Spanish" or equivalent • Beatriz Aguirre Haymer

**Conversational French Elementary I (P10600)**  
Jan 20-Mar 17 • Wed • 6:00-7:30pm • 9 mtgs • UHM Webster 114 • $80 • Jacques Moulin

**Beginning Conversational Portuguese (P10775)**  
Jan 26-Mar 16 • Tue • 6:30-8:00pm • 8 mtgs • UHM Moore 227 • $75, plus textbook • Rachel Mamiya

**Beginning Conversational Italian (P10604)**  
Feb 13-Mar 20 • Sat • 9:30-11:00am • 6 mtgs • UHM Kuykendall 308 • $72, textbook optional • Daniela Rocco Minerbi

**LANGUAGE: Indo-Pacific**

**Beginning Hawaiian Language (P10605)**  
Jan 22-Mar 19 • Fri • 6:00-7:15pm • 9 mtgs • UHM George 213 • $55 • Carol Silva

**Continuing Hawaiian Language (P10606)**  
Jan 22-Mar 19 • Fri • 7:15-8:30pm • 9 mtgs • UHM George 213 • $55 • Carol Silva

**LANGUAGE: Japanese**

**Conversational Japanese Elementary I (P10601)**  
Jan 16-Mar 20 • Sat • 9:00-11:30am • 10 mtgs • UHM Webster 103 • $120, plus textbook • Yoshiko Hirokane Tsukamoto
Conversational Japanese Elementary II (P10673)
Jan 16-Mar 20  •  Sat  •  9:00-11:30am  •  10 mtgs  •  UHM Webster 113  •  $120, plus textbook  •  Mineko White

Conversational Japanese Elementary III (P10672)
Jan 16-Mar 20  •  Sat  •  9:00-11:30am  •  10 mtgs  •  UHM Webster 112  •  $120, plus textbook  •  Natsuko Tateishi

**LIFE STYLES: Food and Beverage Studies: Culinary Arts Series**

**Sushi, Sushi, and More Sushi (P10692)**
Jan 30  •  Sat  •  10:00am-2:00pm  •  1 mtg  •  UHM Agricultural Science 224  •  $50, plus $15 lab fee payable to instructor at start of class  •  Wear closed-toe shoes and bring take-away containers  •  Mark Segobiano

**Cajun and Creole Cuisine (P10693)**
Feb 20  •  Sat  •  10:00am-2:00pm  •  1 mtg  •  UHM Agricultural Science 224  •  $50, plus $15 lab fee payable to instructor at start of class  •  Wear closed-toe shoes and bring take-away containers  •  Mark Segobiano

**Pies, Cobblers and Crisps (P10694)**
Mar 13  •  Sat  •  10:00am-2:00pm  •  1 mtg  •  UHM Agricultural Science 224  •  $50, plus $15 lab fee payable to instructor at start of class  •  Wear closed-toe shoes and bring take-away containers  •  Mark Segobiano

**Sauces, Sauces and More Sauces (P10695)**
Apr 17  •  Sat  •  10:00am-2:00pm  •  1 mtg  •  UHM Agricultural Science 224  •  $50, plus $15 lab fee payable to instructor at start of class  •  wear closed-toe shoes and bring take-away containers  •  Mark Segobiano

**Traditional Mexican Cuisine (P10696)**
May 1  •  Sat  •  10:00am-2:00pm  •  1 mtg  •  UHM Agricultural Science 224  •  $50, plus $15 lab fee payable to instructor at start of class  •  Wear closed-toe shoes and bring take-away containers  •  Mark Segobiano

**LIFE STYLES: Food and Beverage Studies: Fine Wine Series**

**The Vintage Program in Wine Appreciation and Service (P10607)**
Jan 14-Feb 11  •  Thu  •  7:00-9:30pm  •  5 mtgs  •  JMD Educational Center, 99-1269 Iwaena St, ‘Aiea  •  $135  •  Participants attending at least 80% of the course will be awarded certificates of completion. LIMITED TO PERSONS 21 YEARS OF AGE OR OLDER  •  Alan Jahns

**PERSONAL FINANCE:**

**File Your Tax Return with Confidence (P10767)**
Jan 31-Feb 6  •  Sat  •  9:00am-12:00pm  •  2 mtgs  •  UHM Krauss 016  •  $55, includes materials  •  Bring a handheld calculator  •  Beth Ruze

**Retirement Planning Today (Section A) (P10634)**
Feb 2-9  •  Tue  •  6:30-9:30pm  •  2 mtgs  •  UHM Pacific Ocean Science & Technology 127  •  $59, includes 225-page workbook  •  Spouse or partner welcome to attend and share book with registered student  •  Michelle Tucker

**Retirement Planning Today (Section B) (P10635)**
Feb 6-13  •  Sat  •  9:00am-12:00pm  •  2 mtgs  •  UHM Pacific Ocean Science & Technology 127  •  $59, includes 225-page workbook  •  Spouse or partner welcome to attend and share book with registered student  •  Michelle Tucker

**Personal Financial Money Management (P10633)**
Mar 2-16  •  Tue  •  6:00-9:00pm  •  3 mtgs  •  UHM Pacific Ocean Science & Technology 127  •  $60 (Individual), $25 (Spouse/partner registered with individual)  •  includes 150-page workbook with each full fee registration  •  Brian Chang
PROFESSIONAL DEVELOPMENT: Human Resource Management Programs

Human Resource Management Certification Review I (P10636)
Feb 13 • Sat • 9:00am-12:00pm (mandatory orientation meeting) • and Feb 20, Mar 6 and 20 • Sat • 9:00am-3:30pm • 4 mtgs • must be taken with HR Certification Review II • UHM Webster 104 • $475 (General), $425 (SHRM Member); includes materials and practice test questions • Must be taken with HR Certification Review II • Deadline to register or withdraw: Feb 3 • Sweater and brown bag lunch suggested • Danny Ishii • Certified HR Professionals

Human Resource Management Certification Review II (P10637)
Apr 3, 17 and May 1 • Sat • 9:00am-3:30pm • 3 mtgs • must be taken with HR Certification Review I • UHM Webster 104 • $475 (General), $425 (SHRM Member); includes materials and practice test questions • Prerequisite: HR Certification Review I • Deadline to register or withdraw: Feb 3 • Danny Ishii • Certified HR Professionals

PROFESSIONAL DEVELOPMENT: Real Estate Professional

Real Estate Salesperson's Pre-licensing (P10671)
Jan 26-Apr 6 • Tue/Thu • 6:00-9:30pm • 19 mtgs • No class Mar 23 and Mar 25 • UHM Kuykendall 303 • $525, (includes textbook) • Carol M. Egan

TEST PREPARATION: Test Preparation

Preparing for the GRE®-Graduate Record Exam (P10641)
Jan 16-Apr 3: Jan 16 • Sat • 9:00am-12:30pm • Jan 23 • Sat • 9:00am-12:00pm • and Jan 30-Apr 3 • Sat • 9:00am-11:30am • 11 Mtgs • No class Feb 27 • UHM Kuykendall 301 • $265, plus the "Kaplan GRE Exam 2010 Premier Live Online" ("Kaplan GRE Exam Premier Live") and "Kaplan GRE Verbal Workbook" (latest edition) • buy online or from a local bookstore - must have by first class • provide email address with registration • Greg Nakai • Vicky Chiu Irion

Preparing for the GMAT®-Graduate Management Admission Test (P10642)
Jan 16-Mar 13: Jan 16 • Sat • 8:30am-1:00pm • Jan 23 • Sat • 9:00am-12:00pm • and Jan 30-Mar 13 • Sat • 9:00am-11:30am • 9 Mtgs • UHM Kuykendall 302 • $215, plus the "Kaplan GMAT Exam 2010 Premier Program Live Online" ("Kaplan GMAT Premier Live") • buy online or from a local bookstore - must have by first class • provide email address with registration • Greg Nakai • Vicky Chiu Irion
REGISTRATION INFORMATION

View our website www.outreach.hawaii.edu/noncredit for more detailed and updated information.

How to Register and Pay

When paying with your VISA or MasterCard:

• Register by Phone: call (808) 956-8400, Mon-Fri, 8:00am–5:30pm (except holidays).
• Register Online 24/7 at: www.outreach.hawaii.edu/noncredit.
• Register by Fax: (808) 956-3752, Monday-Friday, 8:00am–5:30pm (except holidays).

Register by Mail or Fax:

Mail the completed form (below) with full payment or business purchase order to: UHM Outreach College, 2440 Campus Road, Box 447, Honolulu, HI 96822

Register in Person:

At the Outreach College Student Services Office, Krauss Hall Information Window, Room 101, Monday–Friday, 8:00am–5:30pm (except holidays). Pay at the Outreach College Cashier's Window.*

*If checks are dishonored by the banks, there is an assessment of $25.

Register Online:

Register online with Visa or MasterCard at www.outreach.hawaii.edu/noncredit.

Disability Access

Persons with disabilities who may require access services should contact the Outreach College Student Services Office (808) 956-8400 at the time of registration.

Withdrawals/Refunds

Unless otherwise specified, a full refund is given if requests are received by 12:00 noon two working days before the first class meeting. Requests are made in person, by mail (postmarked by the refund deadline), or by calling the Outreach Student Services Office at (808) 956-8400. Failure to attend class or notifying your instructor of intent to withdraw does not constitute an official withdrawal from the class. Agencies submitting purchase orders for student registration fees will be billed regardless of attendance, unless notification of withdrawal is made by the specified refund deadline. Refunds for check or cash payments are mailed and refunds for charge payments are credited to the account originally charged. Refunds may take 4 to 6 weeks to process.

Cancellation Policy

Outreach College reserves the right to cancel a course with insufficient enrollment. The University of Hawai‘i and Outreach College are not responsible for any cancellation/change charges assessed by airlines and travel agencies. Information, including statement of fees, course offerings, schedules, etc., is subject to change without notice or obligation.

Outreach College Non-Credit Registration Request/Payment Form

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PAYMENT METHOD:

☐ Check or Money Order (Payable to the University of Hawai‘i) ☐ Purchase Order No. ____________________________ (P.O. MUST BE INCLUDED)

☐ VISA ☐ MasterCard Credit Card No.: ____________________________ Exp. Date (Mo/Yr): ____________ CVV2 Code*: ____________________________

NAME OF CARDHOLDER (PRINT)

SIGNATURE OF CARDHOLDER

CARDHOLDER’S BILLING ADDRESS CITY STATE ZIP CODE

CARDHOLDER’S RESIDENCE TELEPHONE CARDHOLDER’S EMAIL ADDRESS

Mail to: Outreach College, University of Hawai‘i at Mānoa, 2440 Campus Road, Box 447, Honolulu, HI 96822; or drop off at Outreach College Student Services Office, 2500 Dole Street, Krauss Hall Information Window, Room 101, M-F, 8:00am–5:30pm. If paying by credit card, call (808) 956-8400, or fax to (808) 956-3752. Duplicate form as needed.

www.outreach.hawaii.edu/noncredit/courses